

Grocery list

Planner: 31/12-06/01

Beverages

- dry white wine** ¾ cup
- espresso powder** ½ tsp

Dairy, Eggs & Fridge

- butter** 1 stick
- cream** ½ cup
- cream cheese** 8 oz
- eggs** 2
- heavy cream** ½ cup
- sharp cheddar cheese** 4 oz
- unsalted butter** ½ cup

Frozen

- broccoli chicken** 1
- spinach chicken** 1

Fruits & Vegetables

- garlic** 3 ¾ tbsp
- garlic** 4 cloves
- jalapeño** 1
- jalapeño peppers** 8 oz
- orange** 1
- yellow onion** 1

Household

- 1** as some our readers advised you can dice the jalapeño instead just slicing 0

Meat & Seafood

- bacon** ½ cup
- chicken breast** 2 lb
- chicken tenderloins** 1 lb
- if bacon is not your thing but you still want a crisp crunchy topping** 0
- jalapeño chicken** 1
- pork shoulder** 4 ½ lb
- salmon fillets** 4

Pantry - Baking & Cooking

- baking powder** 1 ½ tsp
- baking soda** 1 ¼ tsp
- flour** 3 ¾ cup
- granulated sugar** 1 cup
- light brown sugar** 1 cup
- shortening** 1 cup
- vanilla extract** 2 tsp

Pantry - Condiments & Sauces

- chicken stock** ¼ cup
- lemon juice** 4 tbsp
- olive oil** 3 tbsp

Pantry - Herbs & Spices

- black pepper** 0
- coarse salt** 1 ½ tsp
- cumin** ½ tsp
- garlic powder** 1 tsp
- oregano** 1 tsp
- paprika** 2 ¼ tbsp
- parsley** 1 tbsp
- pepper** 1 tsp
- red pepper flakes** ¼ tsp
- salt** 2 ½ tsp
- sea salt** 1

Pantry - Others

- chicken broth** 3 ½ cup
- fajita chicken casserole** 1
- french onion chicken casserole** 1

Pantry - Pasta, Grains & Beans

- parmesan cheese** ½ cup
- white rice** 1 ½ cup

Pantry - Snacks

- bittersweet chocolate** 1 ¼ lb