

Grocery list

Planner: 31/12-06/01

Beverages

- ☐ **dry white wine** $\frac{3}{4}$ cup
- ☐ **espresso powder** $\frac{1}{2}$ tsp

Dairy, Eggs & Fridge

- ☐ **butter** 1 stick
- ☐ **cream** $\frac{1}{2}$ cup
- ☐ **cream cheese** 8 oz
- ☐ **eggs** 2
- ☐ **heavy cream** $\frac{1}{2}$ cup
- ☐ **sharp cheddar cheese** 4 oz
- ☐ **unsalted butter** $\frac{1}{2}$ cup

Frozen

- ☐ **broccoli chicken** 1
- ☐ **spinach chicken** 1

Fruits & Vegetables

- ☐ **garlic** 3 $\frac{3}{4}$ tbsp
- ☐ **garlic** 4 cloves
- ☐ **jalapeño** 1
- ☐ **jalapeño peppers** 8 oz
- ☐ **orange** 1
- ☐ **yellow onion** 1

Household

- ☐ **1 as some our readers advised you can dice the jalapeño instead just slicing** 0

Meat & Seafood

- ☐ **bacon** $\frac{1}{2}$ cup
- ☐ **chicken breast** 2 lb
- ☐ **chicken tenderloins** 1 lb
- ☐ **if bacon is not your thing but you still want a crisp crunchy topping** 0
- ☐ **jalapeño chicken** 1
- ☐ **pork shoulder** 4 $\frac{1}{2}$ lb
- ☐ **salmon fillets** 4

Pantry - Baking & Cooking

- ☐ **baking powder** 1 $\frac{1}{2}$ tsp
- ☐ **baking soda** 1 $\frac{1}{4}$ tsp
- ☐ **flour** 3 $\frac{7}{8}$ cup
- ☐ **granulated sugar** 1 cup
- ☐ **light brown sugar** 1 cup
- ☐ **shortening** 1 cup
- ☐ **vanilla extract** 2 tsp

Pantry - Condiments & Sauces

- ☐ **chicken stock** $\frac{1}{4}$ cup
- ☐ **lemon juice** 4 tbsp
- ☐ **olive oil** 3 tbsp

Pantry - Herbs & Spices

- ☐ **black pepper** 0
- ☐ **coarse salt** 1 $\frac{1}{2}$ tsp
- ☐ **cumin** $\frac{1}{2}$ tsp
- ☐ **garlic powder** 1 tsp
- ☐ **oregano** 1 tsp
- ☐ **paprika** 2 $\frac{1}{4}$ tbsp
- ☐ **parsley** 1 tbsp
- ☐ **pepper** 1 tsp
- ☐ **red pepper flakes** $\frac{1}{4}$ tsp
- ☐ **salt** 2 $\frac{1}{2}$ tsp
- ☐ **sea salt** 1

Pantry - Others

- ☐ **chicken broth** 3 $\frac{1}{8}$ cup
- ☐ **fajita chicken casserole** 1
- ☐ **french onion chicken casserole** 1

Pantry - Pasta, Grains & Beans

- ☐ **parmesan cheese** $\frac{1}{2}$ cup
- ☐ **white rice** 1 $\frac{2}{3}$ cup

Pantry - Snacks

- ☐ **bittersweet chocolate** 1 $\frac{1}{4}$ lb